

All-Star Dance Company – Saint Cloud/Lake Nona

Fall 2025-2026 Schedule as of May 9, 2025

www.AllStarDanceCompany.com

	Studio A	Studio B	Studio C
Monday			
4:00-4:30		Private Lessons	Private Lessons
4:30-5:15pm	Ballet/Tap 3-4 yrs	Tap Level 1	Elite Cardio
5:15-6:00pm	Hip Hop 5-6 yrs	Tap Level 1.5	Elite Technique
6:00-6:45pm	Ballet/Tap 5-6 yrs	Onyx Cardio	Elite Strength/Flexibility
6:45-7:30pm	Jazz 5-6 yrs	Ballet Level 4 & 5	Lyrical 7-10 yrs
7:30-8:15pm	XXXXXXXXXX		Acro 2 7-10 yrs
8:15-9:00pm		Tap Level 3	Acro Level 2 11 & up
9:00-9:30pm		Private Lessons	Private Lessons
Tuesday			
4:00-4:30		Private Lessons	Private Lessons
4:30-5:15pm		Ballet Level 1	AcroDance
5:15-6:00pm	Opal Tap	Tap Level 2	Hip Hop 7-10 yrs
6:00-6:45pm	Opal Ballet	Lyrical 7-10 yrs	Elite Technique
6:45-7:30pm	Opal Lyrical	Ballet Level 2.5	Elite Strength/Flexibility
7:30-8:15pm	Private Lessons	Ballet Level 3	Acro Level 1
8:15-9:00pm	Private Lessons		Private Lessons
9:00-9:30pm		Private Lessons	Private Lessons
Wednesday			
9:30am-10:15am		Dance With Me	
10:15-11:00am		Ballet/Tap 3-4 yrs	
11:00-3:00pm		Private Lessons	Private Lessons
3:30-4:00pm	Private Lessons		Private Lessons
3:45-4:30pm	Private Lessons	Dancer with Me	XXXXXXXXXX
4:30-5:15pm	Ballet 5-6 yrs	Lyrical 11 & up	Musical Theater -7-10 yrs
5:15-6:00pm	Opal Hip Hop	XXXXXXXXXX	Jazz 7-10 yrs
6:00-6:45pm	Lyrical 5-6 yrs	Opal Technique	Musical Theater 11 & up
6:45-7:30pm	MusicalTheater5-6yrs	Amethyst Technique	Opal Technique
7:30-8:15pm	Ballet 5-6 yrs	Jazz 11 & up	Amethyst Acro/S/F
8:15-9:00pm		Hip Hop 11 & up	Amethyst Cardio
9:00-9:30pm		Private Lessons	Private Lessons
Thursday			
4:00-4:30pm			Private Lessons
4:30-5:15pm		XXXXXXXXXX	Private Lessons
5:15-6:00pm		Ballet Level 2	XXXXXXXXXX
6:00-6:45pm		Ballet Level 3	Onyx Acro/S/F
6:45-7:30pm			Onyx Ballet
7:30-8:15pm		Ballet Level 4 & 5	Onyx Technique
8:15-9:00pm			Private Lessons
9:00-9:30pm		Private Lessons	Private Lessons
Friday			
4:30-6:00pm		Starlight Sapphire	Private Lessons
6:00-7:30pm		Starlight Emerald	Private Lessons
Saturday			
9:00-9:45am		Dance With Me	
9:45am-10:30am		Ballet/Tap 3-4 yrs	
10:30-11:15am		Ballet/Tap 5-6 yrs	
11:15-12:00pm		Ballet Level 1	

All-Star Dance Company – Avalon

	Studio 1	Studio 2
	Monday	
4:30-5:15pm	AcroDance 4-6 yrs	
5:15-6:00pm	Hip Hop 7-11	
6:00-6:45pm	Acro 1	
6:45-7:30pm	Cardio Conditioning	
7:30-8:15pm	Turns/Leaps/Jumps	
8:15-9:00pm	Teen Hip Hop	
	Tuesday	
4:30-5:15pm		Ballet/Tap 3-4 yrs
5:15-6:00pm		Ballet/Tap 5-6 yrs
6:00-6:45pm	Ballet 7-10 yrs	
6:45-7:30pm	Musical Theater 7-10 yr	
7:30-8:15pm	XXXXXXXXXX	
8:15-9:00pm	Teen Musical Theater	
	Wednesday	
3:45-4:30pm		Jazz 5-6 yrs
4:30-5:15pm		Lyrical 5-6 yrs
5:15-6:00pm		XXXXXXXXXX
6:00-6:45pm		Hip Hop 5-6 yrs
6:45-7:30pm		Musical Theater 5-6 yrs
7:30-8:15pm		XXXXXXXXXX
8:15-9:00pm	XXXXXXXXXX	
	Thursday	
4:30-5:15pm	Jazz 7-10 yrs	Ballet/Tap 5-6 yrs
5:15-6:00pm	Ballet 7-10 yrs	Ballet/Tap 3-4 yrs
6:00-6:45pm	Teen Jazz	Tap 7-10 yrs
6:45-7:30pm	Lyrical/Cont 7-10 yrs	Teen Tap
7:30-8:15pm	Ballet Level 2	Teen Ballet
8:15-9:00pm	Teen Lyrical/Cont	Tap Level 2
	Friday	
4:00-4:30pm	Private Lessons	
4:30-6:00pm	Topaz Team	
6:00-7:30pm	Garnet Team	
	Saturday	
9:00-9:45am	Dance with Me	
9:45-10:30am	Ballet/Tap 3-4 yrs	
10:30-11:15am	Ballet/Tap 5-6 yrs	
11:15-12:00pm	Ballet 1	

