

All-Star Dance Company – Saint Cloud/Lake Nona

Fall 2025-2026 Schedule as of March 23, 2025

	Studio A	Studio B	Studio C
	Monday		
4:30-5:15pm	Ballet/Tap 3-4 yrs	Lyrical 7-10 yrs	Elite Cardio
5:15-6:00pm	Hip Hop 5-6 yrs	Tap Level 1 7-10 yrs	Elite Technique
6:00-6:45pm	Ballet/Tap 5-6 yrs	Onyx Cardio	Elite Strength/Flexibility
6:45-7:30pm	Jazz 5-6 yrs	Ballet Level 4 & 5	Jazz 7-10 yrs
7:30-8:15pm	XXXXXXXXXX		Acro Level 2 7-10 yrs
8:15-9:00pm		Tap Level 3	Acro Level 2 11 & up
	Tuesday		
4:30-5:15pm		Tap Level 2	AcroDance
5:15-6:00pm	Opal Tap	Tap Level 1 11 & up	Hip Hop 7-10 yrs
6:00-6:45pm	Opal Ballet	Ballet 2	Elite Technique
6:45-7:30pm	Opal Lyrical	Ballet 2.5	Elite Strength/Flexibility
7:30-8:15pm		Ballet Level 3	Acro Level 1
8:15-9:00pm			
	Wednesday		
9:30am-10:15am		Dance With Me	
10:15-11:00am		Ballet/Tap 3-4 yrs	
3:45-4:30pm	Private Lessons	Dancer with Me	XXXXXXXXXX
4:30-5:15pm	Ballet 5-6 yrs	Lyrical 11 & up	Musical Theater -7-10 yrs
5:15-6:00pm	Opal Hip Hop	XXXXXXXXXX	Musical Theater 11 up yrs
6:00-6:45pm	Lyrical 5-6 yrs	Opal Technique	Amethyst Acro/S/F
6:45-7:30pm	MusicalTheater5-6yrs	Amethyst Technique	Opal Technique
7:30-8:15pm	Ballet 5-6 yrs	Jazz 11 & up	Amethyst Technique
8:15-9:00pm		Hip Hop 11 & up	Amethyst Cardio
	Thursday		
4:30-5:15pm		Ballet Level 1	
5:15-6:00pm		Ballet Level 1.5	XXXXXXXXXX
6:00-6:45pm		Ballet Level 3	Onyx Ballet
6:45-7:30pm			Onyx Technique
7:30-8:15pm		Ballet Level 4 & 5	Onyx Acro/S/F
8:15-9:00pm			
	Friday		
4:30-6:00pm		Starlight Sapphire	
6:00-7:30pm		Starlight Emerald	
	Saturday		
9:00-9:45am		Dance With Me	
9:45am-10:30am		Ballet/Tap 3-4 yrs	
10:30-11:15am		Ballet/Tap 5-6 yrs	
11:15-12:00pm		Ballet	
	Sunday		
11:45-12:30pm			Elite Acro
12:30-1:15pm			Elite Jazz
1:15-2:00pm		Opal Acro/Strength/Flex	Elite Lyrica
2:00-2:45pm		Opal Jazz	Elite MT
2:45-3:30pm		Opal MT	Elite Contemporary
3:30-4:15pm		Amethyst Jazz	Elite Hip Hop
4:15-5:00pm		Onyx Musical Theater(all)	Amethyst Lyrical
5:00-5:45pm			Onyx/Amethyst HH
5:45-6:30pm		Onyx Jazz (V)	Onyx Musical Theater (N)
6:30-7:15pm		Onyx Technique	XXXXXXXXXX

All-Star Dance Company – Avalon

Fall 2025-2026 Class Schedule

	Studio 1	Studio 2
	Monday	
4:30-5:15pm	AcroDance 4-6 yrs	
5:15-6:00pm	Acro 1	
6:00-6:45pm	Hip Hop 7-11	
6:45-7:30pm	Cardio Conditioning	
7:30-8:15pm	Turns/Leaps/Jumps	
8:15-9:00pm	Teen Hip Hop	
	Tuesday	
4:30-5:15pm		Ballet/Tap 3-4 yrs
5:15-6:00pm		Ballet/Tap 5-6 yrs
6:00-6:45pm	Ballet 7-10 yrs	
6:45-7:30pm	Musical Theater 7-10 yr	
7:30-8:15pm	Turns/Leaps/Jumps	
8:15-9:00pm	Teen Musical Theater	
	Wednesday	
3:45-4:30pm		Jazz 5-6 yrs
4:30-5:15pm		Lyrical 5-6 yrs
5:15-6:00pm		XXXXXXXXXXXX
6:00-6:45pm		Hip Hop 5-6 yrs
6:45-7:30pm		Musical Theater 5-6 yrs
7:30-8:15pm		XXXXXXXXXXXX
8:15-9:00pm	XXXXXXXXXXXX	
	Thursday	
4:30-5:15pm	Jazz 7-10 yrs	Ballet/Tap 5-6 yrs
5:15-6:00pm	Ballet 7-10 yrs	Ballet/Tap 3-4 yrs
6:00-6:45pm	Teen Jazz	Tap 7-10 yrs
6:45-7:30pm	Lyrical/Cont 7-10 yrs	Teen Tap
7:30-8:15pm	Ballet Level 2	Teen Ballet
8:15-9:00pm	Teen Lyrical/Cont	Tap Level 2
	Friday	
4:00-4:30pm	Private Lessons	
4:30-6:00pm	Topaz Team	
6:00-7:30pm	Garnet Team	
	Saturday	
9:00-9:45am	Dance with Me	
9:45-10:30am	Ballet/Tap 3-4 yrs	
10:30-11:15am	Ballet/Tap 5-6 yrs	
11:15-12:00pm	Ballet 1	